

## Free Fall

I dream about being atop the tallest point  
The day is sunny and clouds dot the sky  
A breeze finds its way across my skin and through my hair  
I am looking around and searching wildly for stability  
Trying to find peace  
Hoping for clarity  
I stand on the edge with my back to the drop  
I motion backwards  
Take a deep breath  
And down I fall  
Air rushing against my body  
Attempting to push my body  
But the free fall is much stronger  
Greater  
For once I want to feel weightless  
For once I want to feel nothing  
Weightless because for once, I'm not carrying the world  
In my most vulnerable, in near death, I am at peace  
I continue to fall, but at a slower pace  
I'm floating  
Like an autumn leaf, I slowly cascade from the tallest branch and softly onto the ground  
Ending it all, isn't what lies ahead  
But a free fall  
An escape from it all  
From the stress, heavy sighs, and nights of quiet tears  
An escape from the pain  
A resolution to the never ending  
A free fall feels like the only remedy  
The only remedy to save me from me